



Ride your Bike to the Game!

We are excited to announce that you can now park your bike at Cajun Field for football games! There will be bike racks set up near Gate E (the entrance closest to Cajundome Boulevard and Reinhardt Drive/Souvenir Gate). These bike racks will be stand-alone, so be sure to bring your own lock! Check out sustainability.louisiana.edu for the most protected bike route from UL's main campus to Cajun Field!



Cajuns Geaux

a publication by UL's Office of Sustainability

GREEN

November 2015

What's inside:

UL Named Bronze Bike Friendly University!

America Recycles Day

Recycling on Campus

Food Recovery Network

Sustainable Travel, Meals

Tip of the Month

Even if your neighborhood or apartment complex doesn't offer recycling services, you can bring your recyclables to these facilities in Lafayette listed below:

- Recycling Foundation
107 I Ln, Lafayette, LA 70506
- Best Buy Retail Stores
(takes electronic recyclables)

Shout Outs!

A big thank-you to all who have contributed to our e-cycle program!

Here are the leaders for the month of October:

- STEP Lab
(Oliver Hall)
- Chemistry Department
(Montgomery Hall)
- Financial Services
(Martin Hall)

Check out our website (sustainability.louisiana.edu) to learn more about our e-cycle program and how you can contribute!

UL Named a Bronze Bicycle Friendly University!

League of American Bicyclists

The League of American Bicyclists, an organization that represents bicyclists in the movement to create safer roads, stronger communities, and a bicycle-friendly America, recognizes that "college and university campuses are unique environments for their high density, stimulating atmosphere and defined boundaries."¹ In this type of environment, opportunity emerges for a strong biking community, culture, and infrastructure.

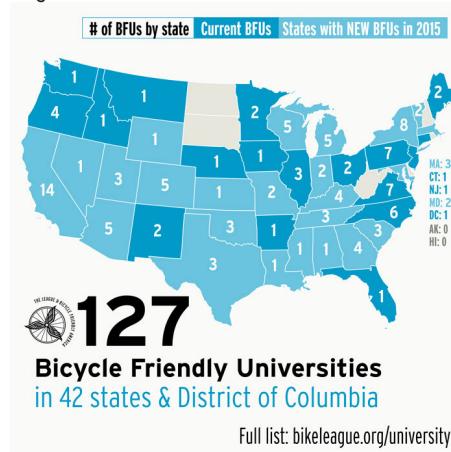
Bicycle Friendly University (BFU) is a program sponsored by the League that acknowledges higher education institutions that provide a safe and bike-able environment on campus for faculty, staff, and students. This assessment is very comprehensive and requires that information be obtained from many different departments across campus. This process helps universities assess current biking conditions on campus while identifying areas that need improvement.

Over the summer, many departments across campus (University Police Department, Departments of Facility Management, Parking and Transit, Communications and Marketing to just to name a few) assisted the Office of Sustainability in completing the comprehensive application. The BFU program evaluates universities in five categories, known as the Five E's:

engineering encouragement education enforcement evaluation/planning

The results of the application are in, and we are proud to announce that UL has been named a Bronze Bike Friendly University! **We are extremely proud to be the first university in Louisiana to be a designated BFU!** With the announcement of 49 new and renewing BFUs today from 31 states, UL joins a cutting-edge group of colleges and universities across the United States transforming their campuses and the communities around them. There are now 127 BFUs in 42 states and Washington, D.C.

The completion of this process has not only allowed us to showcase our current bike-friendly initiatives, it has also provided feedback that we plan on using to further improve biking conditions on campus! Thank you to each and every person who makes our campus bike-friendly!



America Recycles Day! November 15



KEEP AMERICA BEAUTIFUL

America Recycles Day is a Keep America Beautiful initiative that challenges people across the country to attend, organize, or register a recycling event near you! Over the past thirty years, the national recycling rate has increased every single year, with the current rate at 34.5%! Visit AmericasRecyclesDay.org to take the pledge to:

1. **Learn** what materials can be recycled near you.
2. **Act** to reduce personal waste by recycling.
3. **Share** by encouraging others to take the pledge.
4. **Post** a photo of yourself recycling for a chance to win the #iwillrecycle sweepstakes!



BLACK FRIDAY SHOPPING

Who can resist those once-a-year Black Friday deals? Although it's tempting to splurge on the latest and greatest things, keep in mind that there are alternatives to buying brand new. Check out the list below to see if you can first...

- Borrow
- Salvage
- Repair
- Do without
- Buy secondhand
- Buy local
- Create
- Swap
- Grow

By choosing one of these alternatives from the list above instead of purchasing new items, you'll prevent clutter at home, save money, and create a lot less waste!

Sustainable Statistics

[FOOD INSECURITY]

The term 'Food insecurity' is the USDA's measure of lack of access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate foods

In America...

15.8% food insecurity rate

In Louisiana...

15.7% food insecurity rate

In Lafayette...

13.8% food insecurity rate

(FeedAmerica.com)



Recycling on Campus National Game Day Recycling Challenge Update!

Cajun Fans, we have **TWO** games left to improve our diversion rate! Last year we placed 10th in the nation with a diversion rate of 65% (65% material to recycling, 35% material to landfill). This year, our best diversion rate so far has been 60%. Our lowest diversion rate has been 44% for the October 10th game against Texas State. The next home game is on November 21st against New Mexico State, and the final home game is on December 5th against Troy. Come out and support our team, and don't forget to place recyclable items (aluminum, plastic, glass, paper) in the proper bins! Geaux Cajuns!

Food Recovery Network Students for Sustainability Est. 1st Chapter in LA!

The Food Recovery Network is a nation-wide non-profit student organization that combats hunger in America while reducing food waste. In America, 1 in 6 people are considered 'food insecure', or suffer from a prolonged, involuntary lack of food. While the 1 of every six people, approximately 53 million people in our country are suffering from hunger, 40% of food is being thrown out every year. This discarded food could potentially feed 25 million people. The FRN has recognized this disconnect and found a way to address both of these issues by establishing a system of collecting surplus edible food and redistributing it to those in need and suffering from food insecurity.

The students in the FRN chapters organize food recoveries with their university, local restaurants, food distributors, and/or grocery stores. Students conducting the recoveries must follow strict guidelines to ensure that kitchen and food safety ethics are upheld.

UL's Students for Sustainability group is organizing this effort in establishing a FRN chapter on campus which will also be the first FRN chapter in Louisiana! Currently, there are 153 chapters throughout 37 states. These chapters have managed to recover 944,224 pounds of food since 2011! **The first organized food recovery occurred Thursday, October 29.** **FRN members partnered with UL's Pre-Professional Society to collect a surplus of food left over from a catered meeting.** UL's FRN chapter has partnered with St. Joseph's Diner, part of Catholic Services of Acadiana. All food recovered by UL's FRN chapter will go to St. Joseph's Diner where it will be used to prepare free meals for those in need.

Why Partner with FRN as a Donor?

- Help our community
All proceeds go directly towards St. Joseph's Diner
- Improve Your Bottom Line
Reduce waste hauling fees; cut costs by developing new waste reduction strategies; possible tax deduction
- Bolster Sustainability
Reduce food waste; reduce methane emissions (organic waste produces methane and methane is 21x more harmful than CO₂); be ethically responsible by helping community members in need
- Attract Good PR
Develop good reputation as a force for positive change in the community
- Easy for Dining Services
Student volunteers take care of handling, packaging, and transport; FRN provides data on food donated to help reduce quantities since waste reduction is main goal
- Liability Protection
The Bill Emerson Good Samaritan Act protects all good faith food donors from liability; thousands of business and universities, federal government donate surplus food regularly
- Food Safety
FRN's Food Handling Guidelines meet FDA and ServSafe standards and were developed with food safety professionals at Bon Appetit; FRN provides grants for shift leaders to become ServSafe Certified
- Food Recovery Endorsed by USDA, EPA, and Others
In 2013, USDA and EPA launched Food Waste Challenge to encourage food waste reduction



Events

November 15
America Recycles Day

Nov. 21 10:00 am-2:00 pm
Zydeco Brunch
Cypress Lake

November 26-27
Thanksgiving Holiday!
No School

Community

Nov. 14 8:00 am-11:30 am
Bayou Vermilion District's
**Advanced Canoe/Kayak
Guided Paddle Trip**

Nov. 14 6:00 pm-9:00 pm
Downtown Lafayette's
2nd Saturday Artwalk

Nov. 14
Cajun Road Runners Club
**35th Annual
Cajun Cup 10k**

Nov. 21
The Teche Project's
**Mawsie's Gumbo
Cookoff**
Parc des Ponts, Breaux Bridge

Nov. 25 5:30 pm-8:30 pm
Downtown Lafayette's
Downtown Alive!

Nov. 25
Downtown Lafayette's
**Thanksgiving Eve
Telescope**
Parc Sans Souci

Nov. 28 8:00 am-11:30 am
Bayou Vermilion District's
**Intermediate Canoe/
Kayak Guided Paddle
Trip**



[FOOD WASTE]

In the United States 30% of all food, worth \$48.3 billion is thrown away each year. It is estimated that about half of the water used to produce this food also goes to waste, since agriculture is the largest human use of water.

(United Nations Environment Programme)

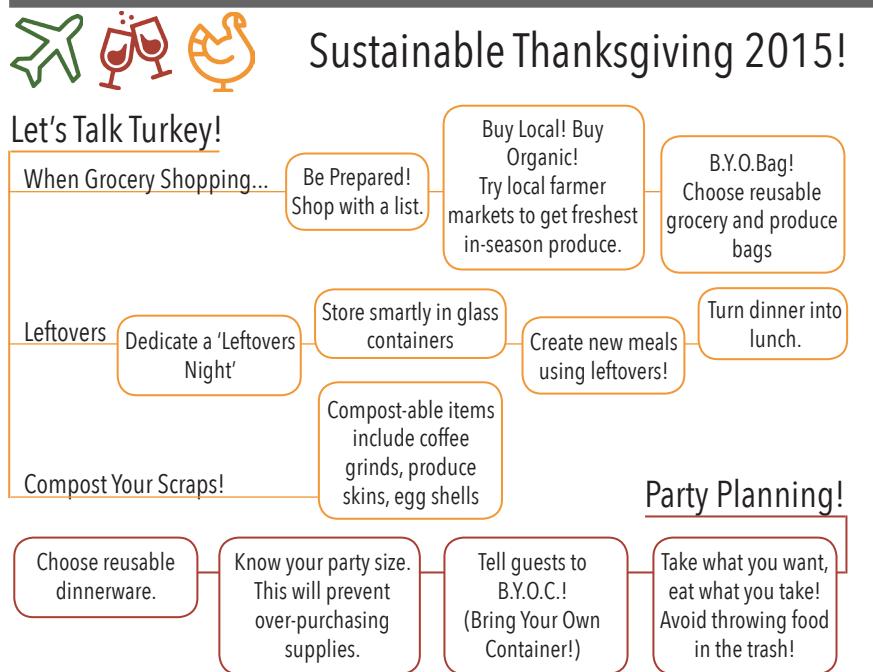
R e m i n d e r



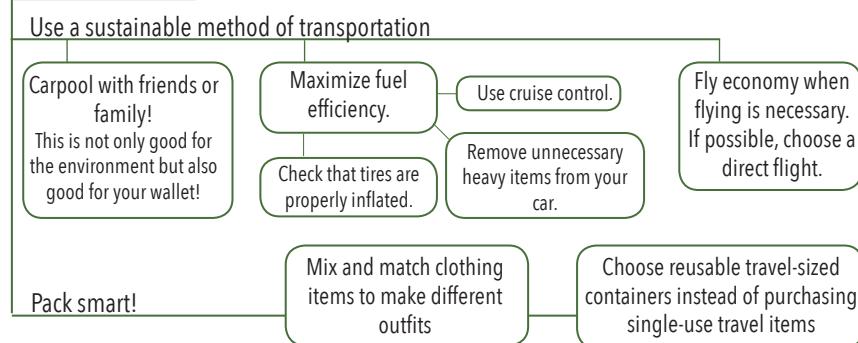
Look for this label on the green recycling bins at Cajun Field! Make sure that only plastic, paper, aluminum, and cardboard items are disposed of in recycling. All other items including styrofoam and any food soiled items must be thrown in a trash bin.

R e m i n d e r

Remember to get involved with sustainability-related efforts on campus! Check out the **Biology Club**, **Horticulture Club**, **Geaux Bike UL**, or **Students for Sustainability** to see what they're doing to make our campus a better place! Ask club members about upcoming volunteer opportunities as a way to help out around our campus and within our community!



Holiday Travel



Be sure to use our website [sustainability.louisiana.edu] as one of your sustainability resources! There, you'll find UL news, planning and progress updates, green guides, links to environmental footprint calculators, transportation information, and ways to get involved around campus and in the community!

Also, keep up to date by following us on **Facebook** (University of Louisiana at Lafayette Office of Sustainability), **Pinterest** (UL Office of Sustainability), and **Instagram** ([ul_sustainability](#))!

Some programs we offer on campus include E-Cycle, Single-stream recycling, and S.W.A.P Shop for faculty and staff.

Stay Connected

E - C Y C L E
electronic recycling



It is...

a way to recycle
ink cartridges
toner cartridges



how it works...

contact the Office of Sustainability

call 482-0054
email sustainability@louisiana.edu



you can also donate...

personal computers
personal cell phones
personal televisions
personal printers



We cannot recycle any property purchased with University funds

Local Farmers Markets

Lafayette Farmers & Artisans Market at The Horse Farm
Every Saturday 8:00 am-noon

Lafayette Hub City Farmers Market
Oil Center (427 Heyman St. across from Champagne's
Every Saturday 8:00 am-noon

Arts Weekend
Local artists join the Hub City Farmers Market
1st & 3rd Saturday of each month

Got an Idea?

Great ideas come from everywhere, and we would love to hear yours!

Please share it with us!
Just email us at sustainability@louisiana.edu

Feel free to contact us with questions or comments!

sustainability@louisiana.edu email
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